

Size matrix

mens(masters)		height(cm)					
weight(kg)	160	165	170	175	178	180	185
35	<b>MSA-1</b>						
40	<b>MSA</b>	<b>MSMA-1</b>					
45	<b>MSB</b>	<b>MSMA</b>	<b>MMA-1</b>	<b>MMLA-1</b>	<b>LAM-2</b>		
50	<b>MSC</b>	<b>MSMB</b>	<b>MMA</b>	<b>MMLA-2</b>	<b>LAM-1</b>	<b>MXLA-2</b>	
55	<b>MSD</b>	<b>MSMC</b>	<b>MMB</b>	<b>MMLA</b>	<b>LAM</b>	<b>MXLA-1</b>	
60	<b>MSE</b>	<b>MSMD</b>	<b>MMC</b>	<b>MMLB</b>	<b>LBM</b>	<b>MXLA</b>	
65		<b>MSME</b>	<b>MMD</b>	<b>MMLC</b>	<b>LCM</b>	<b>MXLB</b>	<b>MXXLA</b>
70			<b>MME</b>	<b>MMLD</b>	<b>LDM</b>	<b>MXLC</b>	<b>MXXLB</b>
75				<b>MMLE</b>	<b>LEM</b>	<b>MXLD</b>	<b>MXXLC</b>
80						<b>MXLE</b>	<b>MXXLD</b>
85							<b>MXXLE</b>